

WELL-BEING RESOURCES: ORGANIZATIONS



ACP Well-being Champions and Chapter Leaders can use these interventions to meet the specific needs of their local chapter members and promote internist well-being and professional fulfillment in their communities. These interactive events and discussion resources focus on efforts at the level of the organization. For example, these materials could inform didactic facilitated discussion sessions, informal chats, and social media posts.



Webinar Recordings:

- [Organizational Quick Wins](#) - Dr. Carrie Horwitch discusses how one person can make a difference by identifying ways to improve thriving at work (CME Eligible, 7.5 min)
- [Enhancing Well-being Through Organizational Change](#) - Well-being Champion Webinar in which Dr. Lisa Rotenstein discusses innovative organizational interventions Champions can make and advise to others to improve well-being (Login required).



ACP Policy:

- [Physician Workforce and Team Based Care](#) - a collection of policy papers and advocacy letters that support the adoption of a national workforce policy that would help to ensure that the number and mix of physician specialties meets the health care needs of our population.



National Academy of Medicine Articles and Studies:

- [Organizational Evidence-Based and Promising Practices for Improving Clinician Well-Being](#) - discussion paper with interventions list and social media-ready language and images.
- [Implementing Optimal Team-Based Care to Reduce Clinician Burnout](#) - describes key features of successful health care teams, reviews existing evidence that links high-functioning teams to increased clinician well-being, and recommends strategies to overcome key environmental and organizational barriers to optimal team-based care in order to promote clinician and patient well-being.
- [Taking Action Against Clinician Burnout: Leadership Commitment During COVID-19 and Beyond](#) - a consensus study with social media-ready language and PPTs.